

# NEW MEMBER

**Presentation Guide** 



#### **ZOO HEALTH CLUB LOCATIONS:**

ROYAL PALM BEACH, FL. LAKE WORTH EAST, FL. BOYNTON BEACH, FL. NORTH PALM BEACH, FL. FORT LAUDERDALE, FL. WINTER SPRINGS, FL. OVIEDO, FL. GRANTS PASS, OR. ANNA, TX. GONZALES, LA. SIMSBURY, CT. LEHIGHTON, PA. MANCHESTER, NH. DERRY, NH. EPPING, NH., CONCORD, NH., HARVE, MT., KENNER, LA. CHARLESTON, SC., THE WOODLANDS, TX., BRIDGEWATER, NJ., SAVANNAH, GA., ALPHARETTA, GA., COLORADO SPRINGS, CO.



## Three Phases to Fitness

### "Our Program is designed in 3 Phases"

#### Phase I – 90 days Conditioning Phase

Conditioning Muscles Lose Weight Lose Inches

#### Phase II – 90 days Sculpting Phase

Proportioning Toning Muscles Firming

#### Phase III – 90 days Maintenance Phase

Stabilizing Results Maintain Results Created Lifestyle Change

Your Present Weight Your Goal Weight							
Lose a Total of Lbs. Lose a Total of Inches						es	
Neck	Biceps	Triceps	Shoulders	Chest/Bust	Waist	Hips	Thighs
Calves							

#### **OTHER BENEFITS**

Reduce Tension Improve Posture

Sleep Better Increase Endurance

Reduce Coronary Risk Stimulate Circulation

#### Before and After Testimonials T D \$

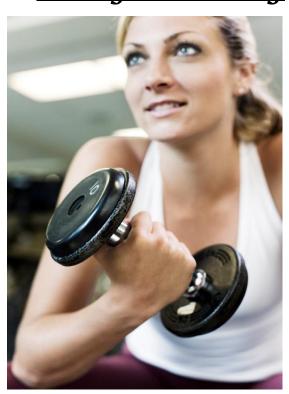
We offer Personal Training both one on one and group. You will receive a free first visit consultation which includes how to properly use the equipment.

# Cardio and Strength Training

#### **Cardio Training**







Conditions Heart & Lungs

**Tones Specific Muscles** 

**Increased Energy** 

**Burns Fat & Calories** 

**Reduces Stress** 

**Increases Metabolism** 

**Builds Lean Muscle** 

**Makes Stronger Bones** 

Cross Training with both Cardio & Strength Equipment gives the best results...

# Group Exercise Classes









- Beginner to advanced levels
- Comfortable Environment
- Motivating & Supportive Instructors

Will you be using the Fitness Classes?

# Support

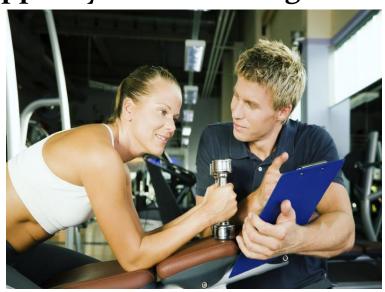
How many times a week will you work out?

1

5

Would you be using the club in the morning, afternoon or evening?

Does your: **Husband – Kids – Friends - Family** Support your desire to get in shape?



Supervised Childcare While You Workout

**W**ill you be using Child Care? YES\_\_\_\_NO\_\_\_\_



## OTHER THAN PRICING DO YOU HAVE ANY QUESTIONS?





# National Membership Rates

#### 12 Month

Startup fee

**Monthly Dues** 

\$149

\$34.95

## Standard Membership

SPECIAL - PRICING **Phase 1** 

# *\$99.00* start-up fee *\$19.95* per-month

(12-month membership)

#### This Membership Includes:

- ✓ Full Use of All Fitness Equipment
- ✓ Auto-Renewal
- ✓ Referral Bonus Program
- ✓ This location Only
- ✓ Fitness Consultation

## The Zoo Card

#### Pay Just \$10.00 More per Month and Receive "The Most Popular"

## \$99.00 start-up fee \$29.95 per-month

(12-month membership)

#### Unlimited Use in All Locations Worldwide

#### Zoo Membership Includes:

- ✓ Full Use of All Fitness Equipment
- ✓ Extended Access all Zoo locations
- ✓ Auto-Renewal
- ✓ Referral Bonus Program
- ✓ Unlimited Guest Privileges
- ✓ 50% off Family Memberships
- ✓ Exercise Classes
- ✓ 50% off Out of Town Guest
- ✓ 25% off the Personal Training Program Fee
- ✓ Fitness Consultation
- ✓ Unlimited Child Care
- ✓ Spinning Classes
- ✓ 24/7 Access

## **CLASSES/SPINNING**

100 Sessions = \$300 (\$3.00 per class)

**50 Sessions = \$200 (\$4.00 per class)** 

**25 Sessions = \$125 (\$5.00 per class)** 

## **UNLIMITED CHILD CARE**

\$5.00 per month

## **UNLIMITED TANNING**

\$10.00 per month

# Three Equals FREE!!!

A good friend shares everything, *Including Good Health*.







**Equals** 

1+2+3= FREE!
Refer 3 Friends that Join
In Any 30-Day Period and
YOUR Membership is FREE!