



NEW MEMBER

Presentation Guide



ZOO HEALTH CLUB LOCATIONS:

ROYAL PALM BEACH, FL. LAKE WORTH EAST, FL. BOYNTON BEACH, FL. NORTH PALM BEACH, FL. FORT LAUDERDALE, FL. WINTER SPRINGS, FL. OVIEDO, FL. GRANTS PASS, OR. ANNA, TX. GONZALES, LA. SIMSBURY, CT. LEHIGHTON, PA. MANCHESTER, NH. DERRY, NH. EPPING, NH., CONCORD, NH., HARVE, MT., KENNER, LA. CHARLESTON, SC., THE WOODLANDS, TX., BRIDGEWATER, NJ., SAVANNAH, GA., ALPHARETTA, GA., COLORADO SPRINGS, CO.



Three Phases to Fitness

“Our Program is designed in 3 Phases”

Phase I – 90 days
Conditioning Phase

Conditioning Muscles
Lose Weight
Lose Inches

Phase II – 90 days
Sculpting Phase

Proportioning
Toning Muscles
Firming

Phase III – 90 days
Maintenance Phase

Stabilizing Results
Maintain Results
Created Lifestyle Change

Your Present Weight _____ Your Goal Weight _____

Lose a Total of _____ Lbs. Lose a Total of Inches _____

**Neck Biceps Triceps Shoulders Chest/Bust Waist Hips Thighs
Calves**

OTHER BENEFITS

Reduce Tension

Improve Posture

Sleep Better

Increase Endurance

Reduce Coronary Risk

Stimulate Circulation

Before and After Testimonials

T D \$

We offer Personal Training both one on one and group. You will receive a free first visit consultation which includes how to properly use the equipment.

Cardio and Strength Training

Cardio Training



Tones Specific Muscles

Increased Energy

Burns Fat & Calories

Reduces Stress

Strength Training



Conditions Heart & Lungs

Increases Metabolism

Builds Lean Muscle

Makes Stronger Bones

Cross Training with both Cardio & Strength Equipment gives the best results...

Group Exercise Classes



- Beginner to advanced levels
- Comfortable Environment
- Motivating & Supportive Instructors

Will you be using the Fitness Classes?

Support

How many times a week will you work out?

1 2 3 4 5

*Would you be using the club in the morning,
afternoon or evening?*

**Does your:
Husband – Kids – Friends – Family
Support your desire to get in shape?**



Supervised Childcare While You Workout

Will you be using Child Care? YES _____ NO _____



**OTHER THAN PRICING
DO YOU HAVE ANY QUESTIONS?**

THE
ZOO
HEALTH  CLUB
a paw above



National Membership Rates

12 Month

Startup fee

\$149

Monthly Dues

\$34.95

Standard Membership

SPECIAL - PRICING

Phase 1

\$99.00 start-up fee

\$19.95 per-month

(12-month membership)

This Membership Includes:

- ✓ *Full Use of All Fitness Equipment*
- ✓ *Auto-Renewal*
- ✓ *Referral Bonus Program*
- ✓ *This location Only*
- ✓ *Fitness Consultation*

The Zoo Card

**Pay Just \$10.00 More per Month and Receive
“The Most Popular”**

\$99.00 start-up fee

\$29.95 per-month

(12-month membership)

Unlimited Use in All Locations Worldwide

Zoo Membership Includes:

- ✓ *Full Use of All Fitness Equipment*
- ✓ *Extended Access all Zoo locations*
- ✓ *Auto-Renewal*
- ✓ *Referral Bonus Program*
- ✓ *Unlimited Guest Privileges*
- ✓ *50% off Family Memberships*
- ✓ *Exercise Classes*
- ✓ *50% off Out of Town Guest*
- ✓ *25% off the Personal Training Program Fee*
- ✓ *Fitness Consultation*
- ✓ *Unlimited Child Care*
- ✓ *Spinning Classes*
- ✓ *24/7 Access*

CLASSES/SPINNING

100 Sessions = \$300 (\$3.00 per class)

50 Sessions = \$200 (\$4.00 per class)

25 Sessions = \$125 (\$5.00 per class)

UNLIMITED CHILD CARE

\$5.00 per month

UNLIMITED TANNING

\$10.00 per month

Three Equals FREE!!!

A good friend shares everything,
Including Good Health.



Equals

$1+2+3=$ *FREE!*

*Refer 3 Friends that Join
In Any 30-Day Period and
YOUR Membership is FREE!*