TIPS TO ENHANCE YOUR SUCCESS!

Create the first impression of your facility.

How your facility looks is a first impression a new potential member has when they first step into your facility, make it the best.

Tall machine in back of facility

Opens up facility, can see over equipment, customers visible visually appealing, welcoming, spacious...

Placement and Traffic flow

Create a welcoming and function traffic flow by placing your equipment in correct locations and the right sequence.

Maximize your space

A professional layout can save you time and money by knowing exactly where your layout, space, availability, along with the exact look of your facility before it opens.

WOW Factor

The personal viewing screens create a WOW factor and a great selling tool for new members.

South, West and East windows

Not always the best location to have your cardio equipment face due to the sun, glare and the possibilities of a headache after a workout.

FACILITY LAYOUT RECOMMENDATIONS

Facility information based on the square footage size of facility

- **Optional Child Care**: 200 -300 sq. ft for 10,000-12,000 sq. ft layout. 400-500 sq. ft for 13,000 17,000 sq. ft layout.
- **Aerobics Floor:** 800-1000 sq. ft for 10,000-12,000 sq. ft layout. 1,500 plus for 13,000-17,000 sq. ft layout.
- **2-3 Sales Desks:** Divider or privacy wall between desks, open on one end, no door.
- Locker Rooms: Do not over build, 2 showers, 2 sinks, and 2 toilets in a 10,000-12,000 sq. ft layout. 3 showers, 3 sinks and 3 toilets anything above 13,000 sq. ft.
- **Put in a Single**: Or multiple cardio rows facing out towards the exercise floor.
- Future Equipment: A little extra space is a plus when additional equipment is added you are giving back to the members as a way of showing appreciation.
- **No Offices:** computer equipment is locked up in the desk, all facilities will have a front desk.
- **Entertainment:** Large screen smart TVs via TV mount from ceiling have at 5 to 10 based on amount of cardio space



HEX II

- 46 low pressure Smart lamps, 10-minute maximum tanning session
- Requires a 60-amp double pole breaker, actual draw is 45 amps, inrush is 2300 amps for one millisecond
- 208/240 volts single phase 120 volts per leg
- There are 4 wires consisting of 2 hot, a neutral and a ground.
- With a TMAX timer, you will need a 110-v outlet at the front desk. You will need 2 18-gauge wires to run from the TMAX timer J-3 terminal to the electrical panel of the HEX system where it's marked J-3 terminal.
- HEX is U.L. listed (48N5) which means it must be hard wired. The wire can come from the floor, ceiling or wall and will go directly into our electrical control panel on the left side of the HEX unit as you face it.
- Each HEX comes with as much timer cord as needed to surface mount the HEX timer at the main service area.
- An odometer (hour meter) is mounted on the electrical control panel of the HEX that tracks lamp usage to the 10th of an hour.
- Two Jensen 90-watt speakers are installed in the ceiling of the HEX tanning unit;
 they can be connected to your stereo receiver.
- Over 150 available finishes (Wilson Art and Formica laminates).
- The fan on the top of the unit operates at 2900 CFM
- The HEX is self-ventilating; cool air is drawn in through vents at the bottom of each wall and hot air is forced out the top of the unit via the fan.
- 24,000 BTU's per hour if the unit is running continually.

HEX DIMENSIONS

HEX tanning measurements:

4'x4' (tanning unit) 50" peak to peak with the unit roof 4'x7' (tanning unit with attached dressing room)

Height: 7'3"

CARDIO ELECTRICAL NEEDS:

Treadmills – 1 per 20-amp circuit Elliptical – 12 per 20-amp circuit Bike – 12 per 20-amp circuit Stair climber – 12 per 20-amp circuit

1 coax cable run for every 10 tv's. (Ideally each run should go directly to the box to avoid signal loss)

AIR NEEDS:

1 ton needed for every 250 sq. ft.

IPRECOR*

AMT - ADAPTIVE MOTION TRAINER - ELLIPTICAL TOTAL BODY **EFXT EFXL** - ELLIPTICAL LOWER BODY RBK - RECUMBENT BIKE

TRM - TREADMILL

C2 - CONCEPT 2 ROWER

DISCOVERY FREE WEIGHT BENCHES & RACKS-DBR

- FLAT BENCH

D116 - MULTI PURPOSE BENCH D119 - MULTI ADJ. BENCH

D202 - PREACHER CURL D240 - STRETCH TRAINER D312 - BACK EXTENSION

D408 - OLYMPIC FLAT BENCH

D507 - SHOULDER PRESS D610 - POWER RACK

D702 - VERTICAL KNEE RAISE

DISCOVERY PLATE LOADED-DPL

D311 - LEVER ROW - CHEST PRESS D540 D541 - INCLINE PRESS D550 - SHOULDER PRESS D624 - SOUAT RACK D802 - SMITH MACHINE

ICARIAN FUNCTIONAL TRAINING/STRENGTH

FTSG - FUNCTIONAL TRAINING (GLIDE)

2504 - 8 STACK MODULAR

QUEENAX MODELS

X2B9 - BRIDGE 900 18 STATIONS

OTHER MANUFACTURER

- NAUTILUS BARBELL RACK

NMAAB - NAUTILUS MULTI-ADJUST. AB BENCH

NPLTS CR NAUTILUS PL TILT SEAT CALF RAISE

NPHS - NAUTILUS PL HACK SQUAT

PALP - PL ANGLED LEG PRESS

IHR - LEVERAGE HIGH ROW

- NAUTILUS OLYMPIC INCLINE BENCH NOIB

- NAUTILUS AB BENCH NAB

- NAUTILUS FREEDOM RACK NFR

- H.S. SHOULDER CHEST HSSC

HSTL - H.S. TOTAL LEGS

- H.S. TOTAL DELTS HSTD

HSLP - H.S. LIFT PULL

- INSP LEG PRESS ILP

IHAA - INSP HIP ABD / ADD

ISLC - INSP SEATED LEG CURL

ILE - INSP LEG EXT.

IPFRD - INSP PEC FLY / REAR DELT

ITE - INSP TRICEP EXT

IB C - INSP BICEP CURL

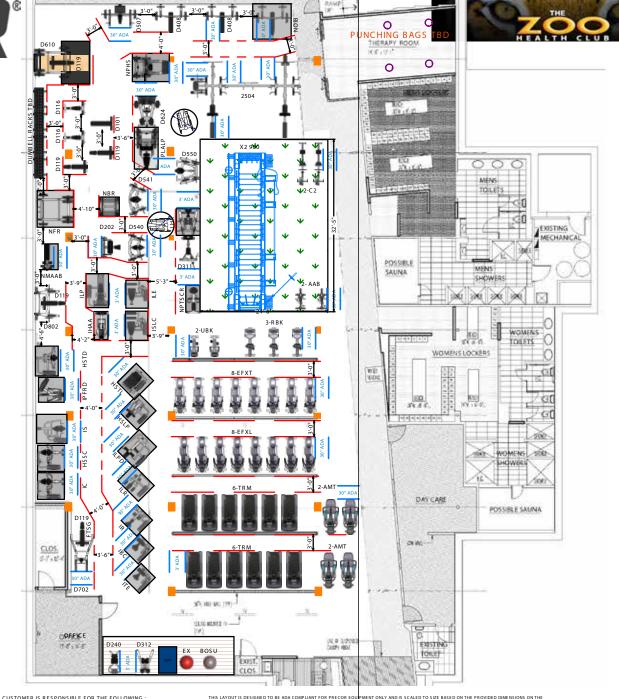
IC - INSP CHEST

IS - INSP SHOULDER

ILPD - INSP LAT PULLDOWN

IR - INSP ROW

ILR - INSP LAT RAISE



FOR PRECOR CARDIO FOLLIPMENT FOR PRECOR CARDIO EQUIPMENT IN US & CANADA: EACH TREADMILL REQUIRES - 120 VAC, 50/60 Hz, 16.5A, 1980W, DEDICATED 120V/20A CIRCUIT WITH 5-20R NEMA RECEPTACLE PERSONAL VIEWING SCREENS REQUIRE SEPARATE OUTLET *P80 INSTALLATIONS - PLEASE CONSULT YOUR PRECOR SALES REPRESENTATIVE FOR MORE DETAILED NETWORK REQUIREMENTS.

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ADDDVANTAGE CREATIONS

P.O. BOX 200 LESUEUR, MN 56058

EQUIPMENT LAYOUT

THE ZOO HEALTH CLUB BRIDGEWATER, NJ

> 8026 APROX SF FITNESS FLOOR

ADDDVANTAGE CREATIONS INC.

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NORTH

			REVISIONS
	NO.	DATE	REMARKS
_1		4/18/17	PRECOR EQUIPMENT LAYOUT BASED ON HAND SKETCH REC'D
B	₹2	4/20/17	PRECOR EQUIPMENT LAYOUT BASED ON EFFICENT USE OF SPACE
F	₹3	5/11/17	NEW FLOOR PLAN- NEW EQUIPMENT LIST CAD NOT PROVIDED-COMPLETE REDESIGN
F	₹4	5/12/17	CHANGES TO LIST PER PHONE CALL.
F	₹5	5/19/17	PER PHICONE: NEW LIST-RE-DESIGN OF FW, STRENGTH, FUNCT TRAINING, CARDIO & SPIN REMAIN SAME.
F	₹6	5/23/17	ADDED TURF TO FUNCTIONAL AREA
F	₹7	6/1/17	ADDED DISCOVERY SELECTORIZED, DSS0 & 2275
F	8	11/6/17	REVISED PER INFORMATION PROVIDED



PRECOR KEY ACCOUNT MANAGER

JOHN CAISSIE

215-378-0040

DATE:	4/18/17
DRAWN BY	BF/SF/PC

IMPORTANT CARDIO SPACING INFO

SPACING—The below minimum spacing recommendations are based on a combination of the ASTM (U.S.) voluntary standards and EN (European) egulations as of October 1, 2012, for access, passag

Treadmills—a minimum of 0.5 m (19.7 in.) on each ide of the treadmill and 2 m (78 in.) behind the

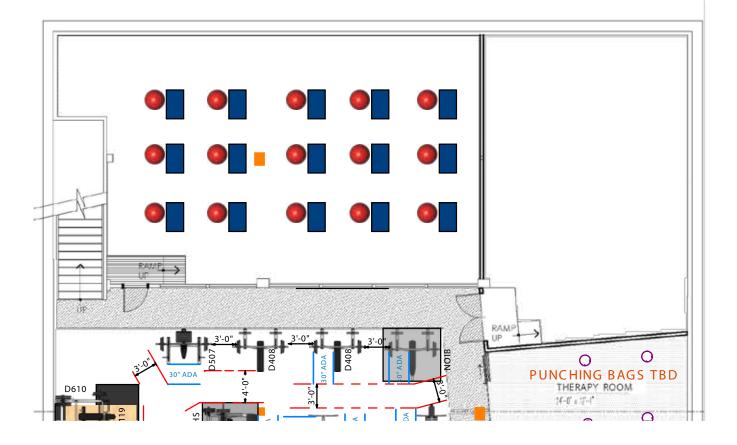
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> NOT FOR CONSTRUCTION









ADDDVANTAGE

CREATIONS INC.

P.O. BOX 200 LESUEUR, MN 56658

EQUIPMENT LAYOUT

THE ZOO HEALTH CLUB BRIDGEWATER, NJ

> 8026 APROX SF FITNESS FLOOR

ADDDVANTAGE CREATIONS INC. DRAFTING 3D DESIGN NTERIOR DESIGN

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NORTH

		REVISIONS
NO.	DATE	REMARKS
1	4/18/17	PRECOR EQUIPMENT LAYOUT BASED ON HAND SKETCH REC'D
R2	4/20/17	PRECOR EQUIPMENT LAYOUT BASED ON EFFICENT USE OF SPACE
R 3	5/11/17	NEW FLOOR PLAN- NEW EQUIPMENT LIST CAD NOT PROVIDED-COMPLETE REDESIGN
R4	5/12/17	CHANGES TO LIST PER PHONE CALL.
R5	5/19/17	PER PH CONF: NEW LIST-RE-DESIGN OF FW, STRENGTH, FUNCT TRAINING, CARDIO & SPIN REMAIN SAME.
R6	5/23/17	ADDED TURF TO FUNCTIONAL AREA
R7	6/1/17	ADDED DISCOVERY SELECTORIZED, DSS0 & 2275
R8	11/6/17	REVISED PER INFORMATION PROVIDED



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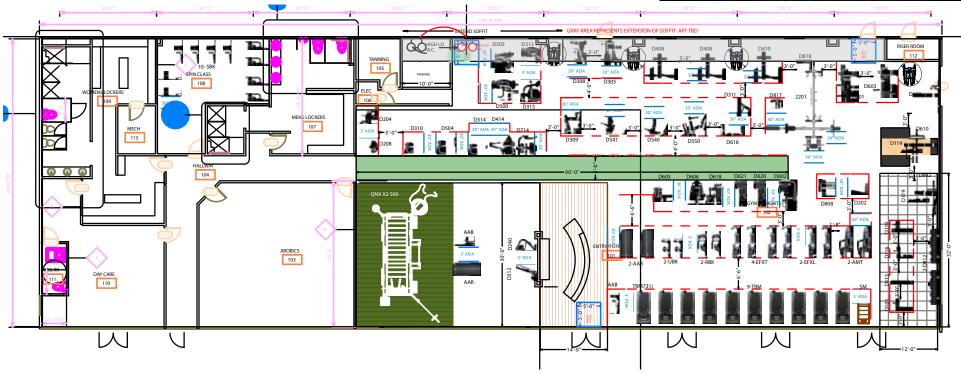
FOR PRECOR CARDIO FOLIPMENT

FOR PRECOR CARDIO EQUIPMENT IN US & CANADA: EACH TREADMILL REQUIRES - 120 VAC, 50/60 Hz, 16.5A, 1980W, DEDICATED 120V/20A CIRCUIT WITH 5-20R NEMA RECEPTACLE PERSONAL VIEWING SCREENS REQUIRE SEPARATE OUTLET *P80 INSTALLATIONS - PLEASE CONSULT YOUR PRECOR SALES REPRESENTATIVE FOR MORE DETAILED NETWORK REQUIREMENTS.

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CARDIO

AMT865 - ADAPTIVE MOTION TRAINER - ELLIPTICAL TOTAL BODY EFXT865 - ELLIPTICAL LOWER BODY EFXL863

- RECUMBENT BIKE RBK 865 - TREADMILL TR M781

TR M731i - TREADMILL UBK 865 - UPRIGHT BIKE SBK843 - SPIN BIKE SHIFT

AAB 825 - AIR ASSAULT BIKE AAR 825 - AIR ASSAULT RUNNER

DISCOVERY FREE WEIGHT **BENCHES & RACKS-DBR**

D101 - FLAT BENCH

D113 - ADJUSTABLE DECLINE BENCH

- MULTI PURPOSE BENCH D116

- MULTI ADJ. BENCH

D202 - PREACHER CURL

- STRETCH TRAINER D240

- BACK EXTENSION D312

- OLYMPIC FLAT BENCH D408

D410 - OLYMPIC INCLINE BENCH

D608 - SQUAT RACK

- POWER CAGE

- BARBELL RACK D808

- DUMBBELL RACK DOUBLE 10 PAIR

- VERTICAL PLATE TREE

- HANDLE RACK

DISCOVERY PLATE

LOADED-DPL

- PULLDOWN

D308 - LOW ROW

D309 - SEATED ROW

D311 - INCLINE LEVER ROW

D540 - CHEST PRESS

D541 - INCLINE PRESS

D550 - SHOULDER

- ANGLED LEG PRESS D601

- HACK SQUAT D603

- CALF RAISE D616

D802 - SMITH MACHINE

DISCOVERY SELECTORIZE-DSL

D204 - BICEPS CURL

D208 - TRICEPS EXTENSION

D310 - SEATED ROW

D313 - BACK EXTENSION

D314 - DIVERGING LAT PULLDOWN

D315 - ROTARY TORSO

D414 - CONVERGING CHEST PRESS

D500 - SHOULDER PRESS - LATERAL RAISE D504

D505 - REAR DELT / PEC FLY

D602 - LEG SLED

D605 - LEG EXTENSION

- PRONE LEG CURL D606

D618 - GLUTE EXTENSION

D620 - INNER THIGH D621 - OUTER THIGH

D714 - ABDOMINAL ICARIAN FUNCTIONAL TRAINING/STRENGTH

- 5 STACK MODULAR

QUEENAX MODELS

QX X2500 QUEENAX FORMAT

OTHER MANUFACTURE

- STEPMILL

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FOR PRECOR CARDIO EQUIPMENT

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RECEPTACLE

PERSONAL VIEWING SCREENS REQUIRE SEPARATE OUTLET * P80 INSTALLATIONS - PLEASE CONSULT YOUR PRECOR SALES

REPRESENTATIVE FOR MORE DETAILED NETWORK REQUIREMENTS.

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ADDDVANTAGE CREATIONS INC.

P.O. BOX 200 LESUEUR, MN 56058

EQUIPMENT LAYOUT

THE ZOO FITNESS SAVANNAH, GA

11,176 APROX SF

ADDDVANTAGE CREATIONS INC.

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NORTH

NO.	DATE	REMARKS	
1	3/22/18	PRECOR EQUIPMENT LAYOUT	
R 1	3/32/18	ADD 10-SBK, 4 AAR, 4 AAB, 4 C2, D610 W- PLATFORM. REMOVE D-611.	
R 2	3/26/18	RELOCATE CARDIO AND SELEC PER NOTES PROVIDED, UPDATED LIST PROVIDED. REDESIGN OF PLAREA	
R 2A	3/26/18	REDUCED TURF AREA PER PHONE CALL	
R 3	3/28/18	RELOCATE AND ADJU PER MARK UP PROVIDE REMOVE RELOCATE TURF AREA. ADDED SM	
R 4	4/16/18	ADD 2-AAR, 1- AAB & X2500. REMOVE W475	
R 5	4/19/18	RELOCATE/ADJUST PER VIDEO FROM MIKE.	
R6	9/4/18	NEW CAD-NEW SF, NEW FLOORING LINES ADD TURF, WOOD PLANK, SMASH THES. RELOCATI TALLER EQUIPMENT OUT FROM UNDER NEW SOFFIT-AFF TBD. COMPLETE REDESIGN TO ACCOMMODATE SAME LIST.	

IPRECOR

PRECOR KEY ACCOUNT MANAGER

MICHAEL MILLS

347-931-6035

`	
DATE:	3/22/18
DD AWN BV	C E

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SHERWIN-WILLIAMS 2508 954-202-0944 Order=

11/13/14 Order = 0072605

INTERIOR SUPER PAINT LAT ARCHITECTURAL LATE)
COROB D6Ce

CUSTOM MISSISSIPPI

CUSTOM MANUAL MATCH

CCE*COLORANT OZ 32 64 128
W1-White 4 13 - Nl·RaUmber - 6 1 1
R4·NeRed - 28 - 1
Yl Yello 4 16 - Yl·Deep Gold - 6 1 1
ONE GALLON OEF
A86U0015J 6SBB462S:

Non-Returnable Tinted Color



Design/Color 1

Quick Step SFU0019 Red Oak Natural 3 Step Planks Wholesale Flooring Solutions JC Conunga Front Entrance Wood Flooring Natural Red Oak Planks UF989 http://www.quick-step.com/



Bathroom/Locker Room Tile





CP81

(Bathroom Tile) Sunrise

46532 Black

46221 Gold

http://www.patcraftdesignweave.com/

10146 Linea

Carpet Tiles

Black Bathroom Fixtures

Free Weight Room (Rubber Flooring)

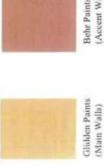


Color 518 BeeLine B Replay Commonotion Collection

Johnsonite Multy -

Fleck





Behr Paints (Accent Walls) Chai Spice 260D-6 Mississippi Moon #10YY 50/468 Order# A0625



(Bathroom Walls) Lightweight Beige 330C-2 Behr Paints



Desig. Color 2



Front Entrance Wood Flooring
Wholesale Flooring Solutions JC Conunga
http://www.quick-step.com/
Natural Red Oak Planks UF989
Quick Step SFU0019 Red Oak Natural 3 Step Planks







