



GROUP CLASS SCHEDULE

AEROBIC STUDIO

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM	BOOTCAMP CHRISTY (45 MIN)		BOOTCAMP AUSTIN (45 MIN)		BOOTCAMP HEATHER (45 MIN)	
9:00 AM	HIIT AUSTIN		HIIT AUSTIN		HIIT 2 FIT AUSITN (60 MIN)	URBAN CARDIO JASMINE
10:00 AM				REPS N SETS MELANIE		
10:15 AM			YOGA MARION			
10:30 AM						BODY BLAST JASMINE
5:30 PM	PILATES STAYCE G.					
5:45 PM						
6:00 PM			CORE STRENGTH AUSTIN			
6:15 PM		REPS N SETS AURORA				
6:45 PM	ZUMBA RENATA		ZUMBA TONE RENATA	GUT N BUTT JASMINE		
7:30 PM		VINYASA YOGA AMBER				