



## CLASS SCHEDULE

The classes that we are offering right now are:

**Pilates • Power Cycling • Yoga • Soul Fusion • Kettlebells**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30am		<b>Soul Fusion</b>		<b>Soul Fusion</b>	<b>Pilates</b>	
12:00pm						
4:30pm	<b>Pilates</b>		<b>Yoga</b>			
5:30pm		<b>Power Cycle</b>		<b>Power Cycle Kettlebells</b>		