Business Hours at The ZOO Health Club

Standard Key Tag Access:

Monday-Friday 5:00 AM - 11:00 PM

Saturday-Sunday 7:00 AM - 7:00 PM

ZOO Premium Key Tag Access:

Monday-Sunday 24/7

5 Day Free Passes/Day Passes

Monday-Friday 6:30 AM – 10:00 PM

Saturday 8:30 AM – 6:00 PM

Sunday 8:30 AM-6:00 PM



Tanning & Red Light Therapy Hours of Operation:

Monday-Thursday 6:30 AM – 10:00 PM

Friday 6:30 – 9:00 PM

Saturday-Sunday 8:30 AM – 6:00 PM

If you have any questions or concerns, please contact or visit the front desk.

908-332-9001

bridgewater-nj@zoogym.com